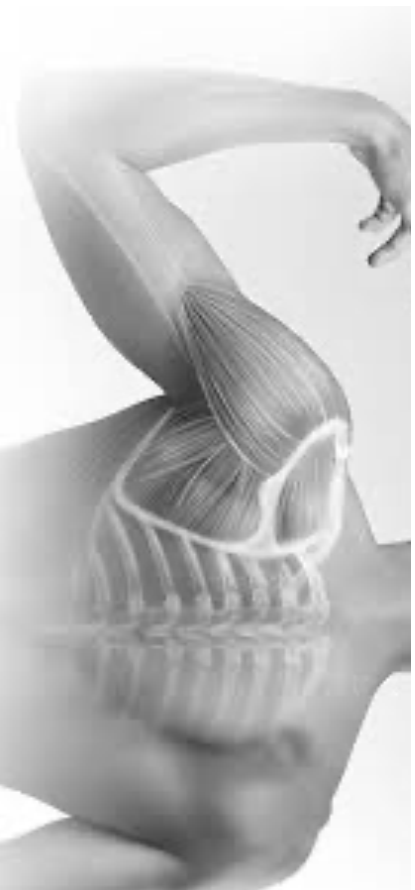


# How does fatigue affect your shoulder performance/pain?

Join our study examining the best exercise protocol for shoulder training!



To participate, you should:

- Between the ages of 18-45
  - Have **NO** shoulder pain
- or** Have shoulder pain for more than 2 weeks

**Be part of the Shoulder Fatigue Study and get \$30 cash!**

Participation in this study will last approximately 3 hours

UT Austin IRB Approved: 2020-04-0085

Contact Xin at [xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)

Xin, Shoulder Fatigue Study at UT  
[xin.sienna.yu@utexas.edu](mailto:xin.sienna.yu@utexas.edu)